

MARCH 2023 MENU

DATE	LUNCH	DINNER	POTATO BAR	SHORT ORDER DAILY SPECIAL
Wednesday 1 Mar Day 3	Shrimp Kabob Ginger BBQ Chicken Lemon Basil Pasta	Marinated Tomatoes w/ Penne & Basil Southern Fried Catfish Sweet Chili BBQ Meatball	Potato Bar Salad Bar Assorted Pasty	BLT Sandwich Hot Wings Cauliflower Margherita Pizza
Thursday 2 Mar Day 4	Honey Mustard Chicken Breast Zita w/ Meat Sauce Baked Fish	Hot & Spicy Chicken Pasta Toscano Cantonese Spareribs	Pasta Bar Salad Bar Assorted Pasty	BLT Sandwich Mozzarella Cheese Stick Chicken Tender Cauliflower Margherita Pizza
Friday 3 Mar Day 5	Polish Sausage Baked Salmon Hamburger Yakisoba	Roast Beef Shrimp Scampi German Chicken Schnitzel	Potato Bar Salad Bar Assorted Pasty	BLT Sandwich Cauliflower Margherita Pizza Hot Wings
Saturday 4 Mar Day 6	Santa Fe Glazed Chicken Baked Dijon Pork Chop Beef Ball Stroganoff	Salmon w/ Maple Ginger Glaze Stuffed Green Pepper Pasta Primavera	Potato Bar Salad Bar Assorted Pasty	BLT Sandwich Cauliflower Margherita Pizza Chicken Philly Chicken Tender
Sunday 5 Mar Day 7	Cheese Tortellini w/ Marina French Fried Shrimp Bourbon Chicken	Beef Pot Pie Lemon Baked Fish Herbed Baked Chicken	Potato Bar Salad Bar Assorted Pasty	BLT Sandwich Cauliflower Margherita Pizza Mozzarella Cheese Stick Chicken Tender
Monday 6 Mar Day 8	Caribbean Catfish Jerk Roast Turkey Stuffed Green Pepper	Southwestern Sweet Potatoes Black Bean & Corn Chicken Breast Dijon Beef Stew	Potato Bar Salad Bar Assorted Pasty	Roast Vegetable Panini BBQ Pork Sandwich Hot Wings
Tuesday 7 Mar Day 9	Baked Fish Meat Loaf Baked Chicken	Grilled Pork Chop Southwestern Fish BBQ Beef Cube	Pasta Bar Salad Bar Assorted Pasty	Roast Vegetable Panini BBQ Pork Sandwich Chicken Tender

Wednesday 8 Mar Day 10	Lemon Basil Shrimp Pasta Mambo Pork Roast Grilled Chicken w/ Mustard Sauce	Grilled Steak Mediterranean Salmon Roast Turkey	Potato Bar Salad Bar Assorted Pasty	Roast Vegetable Panini BBQ Pork Sandwich Hot Wings
Thursday 9 Mar Day 11	Honey Ginger Chicken Grilled Salmon w/Citrus Butter BBQ Brisket	Crispy Oven Baked Chicken Roast Beef Parmesan Crusted Cod	Pasta Bar Salad Bar Assorted Pasty	Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Cheese Stick Chicken Tender
Friday 10 Mar Day 12	Chicken Florentine Italian Pasta Broccoli Stuffed Baked Pork Chop	Greek Lemon Turkey Pasta Savory Baked Chicken Oven Fried Fish	Potato Bar Salad Bar Assorted Pasty	Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Cheese Stick Hot Wings
Saturday 11 Mar Day 13	French Fried Shrimp Hot & Spicy Chicken Ziti W Meat Sauce	Beef Stir Fry Baked Stuffed Fish Chicken Bulgogi	Potato Bar Salad Bar Assorted Pasty	Chicken patty Sandwich Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Cheese Stick Chicken Tender
Sunday 12 Mar Day 14	Turkey Lentil Chili Shrimp Scampi Jambalaya Southern Fried Chicken	Baked Dijon Pork Chop Chili Mac Lemon Pepper Fish	Potato Bar Salad Bar Assorted Pasty	Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Cheese Stick Chicken Tender
Monday 13 Mar Day 15	Pasta Primavera Chicken Cordon Bleu Roast Beef	Turkey Nuggets Beef & Corn Pie Bourbon Chicken	Potato Bar Salad Bar Assorted Pasty	Southwestern Chicken Wrap Chicken Patty Sandwich Mozzarella Cheese Stick Hot Wings

Tuesday 14 Mar Day 16	Chicken Kabob Pepper Steak Tuna Noodles	Sweet & Spicy Orange Salmon Cheese Tortellini Steak Ranchero	Taco Bar Salad Bar Assorted Pasty	Southwestern Chicken Wrap Chicken Patty Sandwich Mozzarella Cheese Stick Chicken Tender
Wednesday 15 Mar Day 17	Beef Brogul Pork Schnitzel Fish Onion-Lemon Baked	Almond Crusted Cod Hamburger Yakisoba Cranberry Glazed Chicken	Potato Bar Salad Bar Assorted Pasty	Southwestern Chicken Wrap Chicken Patty Sandwich Hot Wings
Thursday 16 Mar Day 18	Turkey & Spinach Meatloaf Marinated Tomatoes w/ Penne & Basil Pineapple BBQ Meatballs	BBQ Beef Cubes Chicken Enchiladas Baked Florentine Turkey Roulade	Pasta Bar Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Chicken Tender
Friday 17 Mar Day 19	Tuna & Noodles Stuffed Green Pepper Swiss Steak w/ Brown Gravy	Lasagna Chicken Cacciatore Italian Broccoli Pasta	Potato Bar Salad Bar Assorted Pasty	Southwestern Chicken Wrap Chicken Patty Sandwich Hot Wings
Saturday 18 Mar Day 20	Grilled Honey Sriracha Chicken Chili Mac Shrimp Choy Suey	Jamaican Chicken Braised Spareribs Salisbury Grilled Salmon	Potato Bar Salad Bar Assorted Pasty	Southwestern Chicken Wrap Chicken Patty Sandwich Chicken Tender
Sunday 19 Mar Day 21	Turkey Ala King Country Style Fried Steak Baja Baked Fish	Turkey Swedish Meatball Polynesian Fillet Steak Smothered in Onions	Salad Bar Assorted Pasty	

Monday 20 Mar Day 22	Oriental Pepper Steak Chicken Parmesan Baked Fish w/L/G	Pork Roast Tenderloin Tuna Noodles Savory baked Chicken	Potato Bar Salad Bar Assorted Pastry	Turkey Garden Hot Italian Sausage Hot Wings
Tuesday 21 Mar Day 23	Basil Baked Fish Turkey Breast Fillet Pasta Provencal	Baja Fish Taco Baked Mexican Chicken Beef Stir Fry	Taco Bar Salad Bar Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Chicken Tender
Wednesday 22 Mar Day 24	Spicy Catfish Po boy Grilled Pork Chop Cajun Meatloaf	Fish Onion-Lemon Baked Simmered Beef Cajun Chicken	Potato Bar Salad Bar Assorted Pasty	Turkey Garden Sandwich Hot Italian Sausage Sandwich Hot Wings
Thursday 23 Mar Day 25	Baked Dijon Pork Chop Spinach Lasagna Baked Florentine Turkey Roulade	Baked Salmon Pineapple BBQ Meatballs Honey Mustard Chicken Breast	Pasta Bar Salad Bar Assorted Pasty	Turkey Garden Sandwich Hot Italian Sausage Sandwich Mozzarella Cheese Stick Chicken Tender
Friday 24 Mar Day 26	Roast Turkey Cheese Tortellini Stuffed Green Pepper	Turkey & Spinach Meat Loaf Crispy Oven Baked Chicken Parmesan Fish	Potato Bar Salad Bar Assorted Pasty	Turkey Garden Sandwich Hot Italian Sausage Sandwich Hot Wings
Saturday 25 Mar Day 27	Baked Chicken Southwestern Shrimp Linguine Beef Bulgogi	Honest Ginger Chicken Salisbury Steak Cheese Manicotti	Potato Bar Salad Bar Assorted Pasty	Chicken Patty Turkey Garden Sandwich Hot Italian Sausage Sandwich Chicken Tender
Sunday 26 Mar Day 28	Creole Fish Fillets Stir Fry Chicken & Broccoli Teriyaki Steak	Chicken Ala King Baked Fish Pasta Primavera	Potato Bar Salad Bar Assorted Pasty	Turkey Garden Sandwich Hot Italian Sausage Sandwich Beef Philly Chicken Tender
Monday 27 Mar Day 1	Grilled Pork Chop Simmered Beef Southwestern Sweet Potatoes Black Beans & Corn	Spaghetti w/Turkey Meat Sauce Baked Fish w/Lemon Garlic Butter Stir Fried Garden Vegetable w/ Marinated Tofu &Brown Rice	Potato Bar Salad Bar Assorted Pastry	BLT Sandwich Mozzarella Cheese Stick Hot Wing Cauliflower Margherita Pizza
Tuesday 28 Mar	Chili Mac Basil Baked Fish	Pork Roast Tenderloin Baja Baked Cod	Taco Bar Salad Bar	BLT Sandwich

Day 2	Teriyaki Chicken	Pasta Provencal	Assorted Pastry	Mozzarella Cheese Stick Hot Wing Cauliflower Margherita Pizza
Wednesday 29 Mar Day 3	Shrimp Kabob Ginger BBQ Chicken Lemon Basil Pasta	Marinated Tomatoes w/ Penne & Basil Southern Fried Catfish Sweet Chili BBQ Meatball	Potato Bar Salad Bar Assorted Pasty	BLT Sandwich h Hot Wings Cauliflower Margherita Pizza
Thursday 30 Mar Day 4	Honey Mustard Chicken Breast Zita w/ Meat Sauce Baked Fish	Hot & Spicy Chicken Pasta Toscano Cantonese Spareribs	Pasta Bar Salad Bar Assorted Pasty	BLT Sandwich Mozzarella Cheese Stick Chicken Tender Cauliflower Margherita Pizza
Friday 31 Mar Day 5	Polish Sausage Baked Salmon Hamburger Yakisoba	Roast Beef Shrimp Scampi German Chicken Schnitzel	Potato Bar Salad Bar Assorted Pasty	BLT Sandwich Cauliflower Margherita Pizza Hot Wings

MENU SUBJECT TO CHANGE WITHOUT NOTICE