

**OCT 2023 MENU**  
**DINNER**

<b>DATE</b>	<b>LUNCH</b>	<b>DINNER</b>	<b>POTATO BAR</b>	<b>SALAD BAR</b>	<b>ASSORTED PASTRY</b>	<b>SORT ORDER</b>	<b>DAILY SPECIAL</b>
Sunday 1 Oct Day 21	Turkey Ala King Country Style Fried Steak Baja Baked Fish	Turkey Swedish Meatball Polynesian Fillet Steak Smothered in Onions	Potato Bar	Salad Bar	Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Mozzarella Stick	
Monday 2 Oct Day 22	Oriental Pepper Steak Chicken Parmesan Baked Fish w/L/G  <b>LABOR DAY</b>	Pork Roast Tenderloin Tuna Noodles Savory baked Chicken	Potato Bar	Salad Bar	Assorted Pastry	Turkey Garden Hot Italian Sausage Mozzarella Stick	
Tuesday 3 Oct Day 23	Basil Baked Fish Turkey Breast Fillet Pasta Provencal	Baja Fish Taco Baked Mexican Chicken Beef Stir Fry	Taco	Taco Salad Salad Bar	Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Chicken Tender	
Wednesday 4 Oct Day 24	Spicy Catfish Po boy Grilled Pork Chop Cajun Meatloaf	Fish Onion-Lemon Baked Simmered Beef Cajun Chicken	Potato Bar	Salad Bar	Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Hot Wings	
Thursday 5 Oct Day 25	Baked Dijon Pork Chop Spinach Lasagna Baked Florentine Turkey Roulade	Baked Salmon Pineapple BBQ Meatballs Honey Mustard Chicken Breast	Taco	Taco Salad Salad Bar	Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Chicken Tender	
Friday 6 Oct Day 26	Roast Turkey Cheese Tortellini Stuffed Green Pepper	Turkey & Spinach Meat Loaf Crispy Oven Baked Chicken Parmesan Fish	Potato Bar	Salad Bar	Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Mozzarella Stick	
Saturday 7 Oct Day 27	Baked Chicken Southwestern Shrimp Linguine Beef Bulgogi	Honest Ginger Chicken Salisbury Steak Cheese Manicotti	Potato Bar	Salad Bar	Assorted Pastry	Chicken Patty Turkey Garden Sandwich Hot Italian Sausage Sandwich Chicken Tender	
Sunday 8 Oct Day 28	Creole Fish Fillets Stir Fry Chicken & Broccoli Teriyaki Steak	Chicken Ala King Baked Fish Pasta Primavera	Potato Bar	Salad Bar	Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Beef Philly Mozzarella Stick	

Monday 9 Oct Day 1	Almond Crusted Cod Simmered Beef Southwestern Sweet Potatoes Black Beans & Corn	Spaghetti w/Turkey Meat Sauce Baked Fish w/Lemon Garlic Butter Stir Fried Garden Vegetable w/ Marinated Tofu &Brown Rice	Potato Bar Salad Bar Assorted Pastry	BLT Sandwich Mozzarella Cheese Stick Cauliflower Margherita Pizza
Tuesday 10 Oct Day 2	Chili Mac Basil Baked Fish Teriyaki Chicken	Pork Roast Tenderloin Baja Baked Cod Pasta Provencal	Taco Taco Salad Salad Bar Assorted Pastry	BLT Sandwich Chicken Tender Cauliflower Margherita Pizza
Wednesday 11 Oct Day 3	Shrimp Kabob Ginger BBQ Chicken Lemon Basil Pasta	Marinated Tomatoes w/ Penne & Basil Southern Fried Catfish Sweet Chili BBQ Meatball	Potato Bar Salad Bar Assorted Pastry	BLT Sandwich h Hot Wings Cauliflower Margherita Pizza
Thursday 12 Oct Day 4	Honey Mustard Chicken Breast Zita w/ Meat Sauce Baked Fish	Hot & Spicy Chicken Pasta Toscano Cantonese Spareribs	Taco Taco Salad Salad Bar Assorted Pastry	BLT Sandwich Mozzarella Cheese Stick Chicken Tender Cauliflower Margherita Pizza
Friday 13 Oct Day 5	Polish Sausage Baked Salmon Hamburger Yakisoba	Roast Beef Shrimp Scampi German Chicken Schnitzel	Potato Bar Salad Bar Assorted Pastry	BLT Sandwich Cauliflower Margherita Pizza Mozzarella Stick
Saturday 14 Oct Day 6	Santa Fe Glazed Chicken Baked Dijon Pork Chop Beef Ball Stroganoff	Salmon w/ Maple Ginger Glaze Stuffed Green Pepper Pasta Primavera	Potato Bar Salad Bar Assorted Pastry	BLT Sandwich Cauliflower Margherita Pizza Chicken Philly Chicken Tender
Sunday 15 Oct Day 7	Cheese Tortellini w/ Marina French Fried Shrimp Bourbon Chicken	Beef Pot Pie Lemon Baked Fish Herbed Baked Chicken	Potato Bar Salad Bar Assorted Pastry	BLT Sandwich Cauliflower Margherita Pizza Mozzarella Cheese Stick
Monday 16 Oct Day 8	Caribbean Catfish Jerk Roast Turkey Stuffed Green Pepper	Southwestern Sweet Potatoes Black Bean & Corn Chicken Breast Dijon Beef Stew	Potato Bar Salad Bar Assorted Pastry	Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Stick

Tuesday 17 Oct Day 9	Baked Fish Meat Fish Baked Chicken	Grilled Pork Chop Southwestern Fish BBQ Beef Cube	Taco Taco Salad Salad Bar Assorted Pastry	Roast Vegetable Panini BBQ Pork Chicken Tenders
Wednesday 18 Oct Day 10	Lemon Basil Shrimp Pasta Mambo Pork Roast Grilled Chicken w/ Mustard Sauce	Grilled Steak Mediterranean Salmon Roast Turkey	Potato Bar Salad Bar Assorted Pastry	Roast Vegetable Panini BBQ Pork Sandwich Hot Wings
Thursday 19 Oct Day 11	Honey Ginger Chicken Grilled Salmon w/Citrus Butter BBQ Brisket	Crispy Oven Baked Chicken Roast Beef Parmesan Crusted Cod	Taco Taco Salad Salad Bar Assorted Pastry	Roast Vegetable Panini BBQ Pork Sandwich Chicken Tender
Friday 20 Oct Day 12	Chicken Florentine Italian Pasta Broccoli Stuffed Baked Pork Chop	Greek Lemon Turkey Pasta Savory Baked Chicken Oven Fried Fish	Potato Bar Salad Bar Assorted Pastry	Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Cheese Stick
Saturday 21 Oct Day 13	French Fried Shrimp Hot & Spicy Chicken Ziti W Meat Sauce	Beef Stir Fry Baked Stuffed Fish Chicken Bulgogi	Potato Bar Salad Bar Assorted Pastry	Chicken patty Sandwich Roast Vegetable Panini BBQ Pork Sandwich Chicken Tender
Sunday 22 Oct Day 14	Turkey Lentil Chili Shrimp Scampi Jambalaya Southern Fried Chicken	Baked Dijon Pork Chop Chili Mac Lemon Pepper Fish	Potato Bar Salad Bar Assorted Pastry	Roast Vegetable Panini BBQ Pork Sandwich Mozzarella Cheese Stick
Monday 23 Oct Day 15	Pasta Primavera Chicken Cordon Bleu Roast Beef	Turkey Nuggets Beef & Corn Pie Bourbon Chicken	Potato Bar Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Mozzarella Cheese Stick
Tuesday 24 Oct Day 16	Chicken Kabob Pepper Steak Tuna Noodles	Sweet & Spicy Orange Salmon Cheese Tortellini Steak Ranchero	Taco Taco Salad Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Chicken Tender
Wednesday 25 Oct Day 17	Beef Brogul Pork Schnitzel Fish Onion-Lemon Baked	Almond Crusted Cod Hamburger Yakisoba Cranberry Glazed Chicken	Potato Bar Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Hot Wings

Thursday 26 Oct Day 18	Turkey & Spinach Meatloaf Marinated Tomatoes w/ Penne & Basil Pineapple BBQ Meatballs	BBQ Beef Cubes Chicken Enchiladas Baked Florentine Turkey Roulade	Taco Taco Salad Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Chicken Tender
Friday 27 Oct Day 19	Tuna & Noodles Stuffed Green Pepper Swiss Steak w/ Brown Gravy	Lasagna Chicken Cacciatore Italian Broccoli Pasta	Potato Bar Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Mozzarella Stick
Saturday 28 Oct Day 20	Grilled Honey Sriracha Chicken Chili Mac Shrimp Choy Suey	Jamaican Chicken Braised Spareribs Salisbury Grilled Salmon	Potato Bar Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Chicken Tender
Sunday 29 Oct Day 21	Turkey Ala King Country Style Fried Steak Baja Baked Fish	Turkey Swedish Meatball Polynesian Fillet Steak Smothered in Onions	Potato Bar Salad Bar Assorted Pastry	Southwestern Chicken Wrap Chicken Patty Sandwich Mozzarella Stick
Monday 30 Oct Day 22	Oriental Pepper Steak Chicken Parmesan Baked Fish w/L/G	Pork Roast Tenderloin Tuna Noodles Savory baked Chicken	Potato Bar Salad Bar Assorted Pastry	Turkey Garden Hot Italian Sausage Mozzarella Stick
Tuesday 31 Oct Day 23	Basil Baked Fish Turkey Breast Fillet Pasta Provencal	Baja Fish Taco Baked Mexican Chicken Beef Stir Fry	Taco Taco Salad Salad Bar Assorted Pastry	Turkey Garden Sandwich Hot Italian Sausage Sandwich Chicken Tender

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**